

## **Patient information sheet for face-to-face treatment during Covid-19 pandemic**

Following your telephone triage and explanation of the risks of face-to-face treatment, you have consented to be treated at the Clifton Physiotherapy clinic.

This is what you can expect when you attend for your appointment:

- The waiting room is closed. On arrival at the clinic please wait outside and someone will come out to collect you. Please do not arrive early for your appointment. Please do not bring any unnecessary belongings with you and, if possible, use the toilet before your arrival.
- You are still required to wear a mask for your treatment. Please wear this mask on arrival at the clinic.
- You will be asked to come directly into the clinic room and wash your hands.
- Due to the nature of physiotherapy treatment, your physiotherapist may not be able to socially distance from you during your appointment.
- Following treatment you will be required to wash your hands prior to leaving the clinic room and will be escorted out of the clinic room by your physiotherapist.
- Between each patient the clinic room will be thoroughly cleaned and the physiotherapist will change their PPE.
- If you or a member of your household develop symptoms of COVID-19 prior to your appointment please do not attend the clinic. You can use the following NHS symptom checker found at [www.nhs.uk](http://www.nhs.uk). **The clinic policy is such that we require a 10 day isolation period from the onset of symptoms for you or your household member.**
- If you have returned from a period of travel please follow the government guidelines regarding testing and isolation.

If you have any questions about your visit please contact your physiotherapist for further information.